



**A Friendly Walk and Run** is a 5k Run, 5K Walk and 1K Walk organized by **Society of Sharing: Inner-City Volunteers (Society of Sharing)**, in partnership with the City of Toronto. On Sunday June 11, 2017 I will be participating in this event. The funds that I raise, through pledges and donations, will help Society of Sharing to continue offering their vital programs and services.

Society of Sharing is a non-profit charitable organization that provides volunteer based friendly visiting and outreach programs for housebound seniors, and adults with physical disabilities, in downtown Toronto. Their programs are free, and they are designed to reduce social isolation, promote social connection and improve the overall well-being of clients, to further extend the length of time that they are able to live independently, and with dignity, in their communities.

For over thirty-five years, Society of Sharing has touched the lives of clients, and the need for their services is greater than ever with an aging population, continuing cuts to home care services, and the recent economic downturn.

I hope that you will consider sponsoring me this year. **Your monetary pledge/donation will move Society of Sharing one step closer to reaching their \$10,000 goal!** (Note: Tax receipts will be issued for individual pledges/donations of \$20 or more). To find out more about Society of Sharing, please visit their website at [www.societyofsharing.org](http://www.societyofsharing.org).

*Thank you.*

Charitable #: 10799 0699 RR0001  
Website: [www.societyofsharing.org](http://www.societyofsharing.org).  
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